

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>AIRDRIE ERRANDS Need to run a few errands? We've got you covered!</p> <p>Join us for a ride on the bus to help you get where you need to go — whether it's:</p> <ul style="list-style-type: none"> ✓ A doctor's appointment ✓ Filling a prescription ✓ Grabbing lunch ✓ Visiting a specific store <p>We'll be heading out on:</p> <ul style="list-style-type: none"> 📅 Tuesday, August 5th 📅 Tuesday, August 19th 🕒 12:00 PM – 2:30 PM <p>Sign-up sheet is in the binder in the lobby.</p>	 <p>RCMP MUSICAL RIDE OUTING</p> <p>AUGUST 10TH 1:00 PM- 2:30PM TICKETS: 185</p>	 <p>BUS OUTING TO THE CASINO</p> <p>TUESDAY AUGUST 12TH 11:30AM - 2:30PM</p> <p>LUNCH WILL BE ON YOUR OWN</p>	 <p>TRIP TO THE AIRDRIE FARMERS MARKET</p> <p>COME EXPLORE THE AIRDRIE FARMERS MARKET - WITH FARM-FRESH PRODUCE, LOCAL CLOTHING, HANDMADE GOODS, SWEET TREATS, CIDER, AND SO MUCH MORE!</p> <p>WEDNESDAY AUGUST 6TH - 4:45- 6:30 PM</p>	 <p>OUTING TO WALMART</p> <p>Join us for a trip to Walmart for some shopping!</p> <p>Walmart</p> <p>The dates for our outing are:</p> <ul style="list-style-type: none"> 📅 Thursday, August 7th 🕒 Thursday, August 21st 12:15 PM- 2:30 PM 	<p>9:30 Exercises - Drum Fit Fun (Thea) 1</p> <p>10:30 Card Bingo (Pub)</p> <p>2:30 Happy Hour & Fun (Who Am I) (Pub)</p> <p>6:15 Bingo (Pub)</p> <p>6:30 Documentary Hour (Our Living World) (Thea)</p>	<p>2:00 Card Bingo (Pub) 2</p> <p>5:00 St. Paul's Church Broadcast (Thea)</p> <p>6:30 Saturday Cinema - The Wizard Of Oz (Thea)</p>
<p>10:00 I Should Have Known That (Pub) 3</p> <p>2:00 Cribbage in The Pub (Pub)</p> <p>3:00 Resident Run Shuffle Board (GR)</p> <p>6:30 Mahjong with Mike (Pub)</p>	<p>6:15 Bingo (Pub) 4</p> <p>6:30 Documentary Hour (Our Living World) (Thea)</p>	<p>9:30 Excersies - Tai Chi With Lorraine (Thea) 5</p> <p>10:00 Chit Chat with Tania (Pub)</p> <p>12:00 Airdrie Errands (Bus)</p> <p>1:00 Chair Yoga with Debbie (Thea)</p> <p>3:00 Card Bingo (Pub)</p> <p>6:30 Knit & Crochet (Cedarwood Stitchers) (Pub)</p>	<p>9:30 Video Exercises (Thea) 6</p> <p>10:00 Chit Chat with GM Andrew (Pub)</p> <p>1:00 Art with Afshan (AR)</p> <p>3:00 Card Bingo (Pub)</p> <p>4:45 Bus Outing To Airdrie Famers Market (Sign up required) (os)</p>	<p>9:30 Mindfulness & Stretching (Thea) 7</p> <p>10:15 Rebus Puzzles (Thea)</p> <p>11:00 Cedarwood Summer BBQ (DIN)</p> <p>12:15 Bus Outing To Walmart (Bus)</p> <p>3:00 Musical Memories (Pub)</p> <p>5:00 Games Galore With Tristan (Pub)</p>	<p>9:30 Exercises - Drum Fit Fun (Thea) 8</p> <p>10:15 Food & Beverage Meeting (Thea)</p> <p>2:30 Happy Hour & Fun (The Price Is Right) (Pub)</p> <p>6:15 Bingo (Pub)</p> <p>6:30 Documentary Hour (Our Living World) (Thea)</p>	<p>10:00 Junk Drawer Detective (AR) 9</p> <p>11:00 Theatre Closed - (Booking) (Thea)</p> <p>1:00 Fun With Food- Strawberry Creampies (AR)</p> <p>2:00 Card Bingo (Pub)</p> <p>5:00 St. Paul's Church Broadcast (Thea)</p> <p>6:30 Saturday Cinema - Singing In The Rain (Thea)</p>
<p>1:00 Bus outing - RCMP Musical Ride (Bus) 10</p> <p>2:00 Cribbage in The Pub (Pub)</p> <p>3:00 Resident Run Shuffle Board (GR)</p> <p>6:30 Mahjong with Mike (Pub)</p>	<p>9:30 Exercises - Breath And Stretch (Thea) 11</p> <p>1:00 Crafty Corner - Mandala Rock Painting (AR)</p> <p>2:00 Garden Commitee (os)</p> <p>3:00 Card Bingo (Pub)</p> <p>6:15 Bingo (Pub)</p> <p>6:30 Documentary Hour (Our Living World) (Thea)</p>	<p>9:30 Exercises - Boccee Ball (Thea) 12</p> <p>10:00 Seniors Tech Session (Airdrie Library) (Thea)</p> <p>11:30 Bus Outing To Casino (Bus)</p> <p>1:00 Chair Yoga with Debbie (Thea)</p> <p>3:00 Card Bingo (Pub)</p> <p>6:30 Knit & Crochet (Cedarwood Stitchers) (Pub)</p>	<p>9:30 Walking Club (os) 13</p> <p>10:00 Armchair Travel (Peru) (Thea)</p> <p>11:00 International Buffet (DIN)</p> <p>2:30 Music With Marcelo (Pub)</p> <p>6:15 Bingo (Pub)</p> <p>6:30 Documentary Hour (Ancient Apocalypse) (Thea)</p>	<p>9:30 Mindfulness & Stretching (Thea) 14</p> <p>10:15 Skee - Ball (LBY)</p> <p>1:00 What Could This Be? (Pub)</p> <p>5:00 Games Galore With Tristan (Pub)</p> <p>6:30 Expressions for the Piano Quintet (LBY)</p>	<p>9:30 Exercises - Drum Fit Fun (Thea) 15</p> <p>10:30 Card Bingo (Pub)</p> <p>2:30 Happy Hour & Fun (Mystery In A Bag) (Pub)</p> <p>6:15 Bingo (Pub)</p> <p>6:30 Documentary Hour (Ancient Apocalypse) (Thea)</p>	<p>2:00 Card Bingo (Pub) 16</p> <p>5:00 St. Paul's Church Broadcast (Thea)</p> <p>6:30 Saturday Cinema - Driving Miss Daisy (Thea)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Crafty Corner - Decorative Cat Door Hangers (AR) 17 2:00 Cribbage in The Pub (Pub) 3:00 Resident Run Shuffle Board (GR) 6:30 Mahjong with Mike (Pub)	9:30 Exercises - Breath And Stretch (Thea) 18 10:00 Fun With Food (Homemade Cinammon Rolls) (AR) 2:00 Lane Bowling (Thea) 3:00 Card Bingo (Pub) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	9:30 Exercises - Tai Chi With Lorraine (Thea) 19 10:00 Fun With Food (Over The Rainbow Cupcakes) (AR) 1:00 Chair Yoga with Debbie (Thea) 2:00 Coffee with Chef (Pub) 3:00 The Prime Timer's (GR) 6:30 Knit & Crochet (Cedarwood Stitchers) (Pub)	9:30 Walking Club (os) 20 10:15 Cook Book Club (AR) 2:00 Community Meeting (Thea) 3:00 The Price Is Right (Pub) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	Hearing Clinic (Thea) 21 9:30 Mindfulness & Stretching (Thea) 10:15 Crafty Corner - Decorating Tea Hats (AR) 12:15 Bus Outing To Walmart (Bus) 3:00 Conversation Recreation Manager in the Pub (Pub) 5:00 Games Galore With Tristan (Pub)	9:30 Exercises - Drum Fit Fun (Thea) 22 10:30 Card Bingo (Pub) 2:30 Happy Hour & Fun (Horse Racing) (Pub) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	2:00 Cedarwood Summer Carnival (LBV) 23 2:00 Card Bingo (Pub) 5:00 St. Paul's Church Broadcast (Thea) 6:30 Saturday Cinema - Some Like It Hot (Thea)
10:00 The Good Ole Days (Pub) 24 2:00 Cribbage in The Pub (Pub) 3:00 Resident Run Shuffle Board (GR) 6:30 Mahjong with Mike (Pub)	9:30 Exercises - Breath And Stretch (Thea) 25 11:30 Bus Outing to Elbow Creek & Mackay's (Bus) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	9:30 Exercises - Boccee Ball (Thea) 26 10:30 Bean Bag Toss (LBV) 12:00 Airdrie Errands (Bus) 1:00 Chair Yoga with Debbie (Thea) 6:30 Knit & Crochet (Cedarwood Stitchers) (Pub)	9:30 Walking Club (os) 27 10:00 Group Crossword (Pub) 2:00 Monthly Birthday Party (Pub) 3:00 Card Bingo (Pub) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	9:30 Mindfulness and Stretching (Thea) 28 10:15 Golf Ball Art (AR) 2:30 Preserve And Serve (Canning) (AR) 6:30 Pub Night with Musical Entertainment DJ (Pub)	9:30 Exercises - Drum Fit Fun (Thea) 29 10:30 Card Bingo (Pub) 2:30 Happy Hour & Fun (Name That Tune) (Pub) 6:15 Bingo (Pub) 6:30 Documentary Hour (Ancient Apocalypse) (Thea)	2:00 Card Bingo (Pub) 30 5:00 St. Paul's Church Broadcast (Thea) 6:30 Saturday Cinema - The Sound Of Music (Thea)

2:00 Cribbage in The Pub (Pub) 31 2:00 The Guided Tea (High Tea) (AR) 3:00 Resident Run Shuffle Board (GR) 6:30 Mahjong with Mike (Pub)

